



DEMI LOVATO



GISELE BÜNDCHEN



GABRIELLE UNION



ALICIA KEYS



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JULIANNE HOUGH



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# **People** **beauty**

12 WAYS TO GET GORGEOUS

# SKIN

The new season (hello, fall!) means it's time to tweak your skin-care routine. That's why we've found the masks, moisturizers and treatments you'll need for a celebworthy complexion



## 1. BODY LOTION

**Jergens** Nourishing Honey Dry Skin Moisturizer, \$5.99; at drugstores

## 2. BALM

**Guerlain** Abeille Royale Black Bee Honey Balm, \$56; nordstrom.com

## 3. BAR SOAP

**The Body Shop** Almond Milk & Honey Cleansing Bar, \$5; thebodyshop-usa.com

## 4. FACE MASK

**TonyMoly** I'm Real Nourishing Honey Sheet Mask, \$6 (for a set of two); tonymoly.us

## 5. LIP BALM

**Burt's Bees** Honey Lip Balm, \$3.30; at drugstores

## 6. MOISTURIZER

**Farmacy** Honey Drop Lightweight Moisturizer, \$45; sephora.com

## 7. HAND LOTION

**Bath & Body Works** Hands Off My Honey, \$4; bathandbodyworks.com

# 1 NOURISH WITH HONEY FROM HEAD TO TOE

Honey has become the buzziest ingredient in beauty. "Not only is it extremely soothing, it's also well-known for its anti-inflammatory and antibacterial attributes," explains Mark Veeder, cofounder of skin-care brand Farmacy. With this sweet assortment, you can infuse the natural humectant into any part of your daily regimen.

Jergens's lotion manages to hydrate like crazy without a touch of stickiness.

Farmacy's antioxidant-rich facial moisturizer is surprisingly lightweight.



### BRIGHTENS AND SOOTHES

Revitalize supertired eyes by wearing these serum-soaked patches for 10 minutes before bed. **Estée Lauder** Advanced Night Repair Concentrated Recovery Eye Mask, \$40 (for four sets); esteelauder.com

## 2 FAKE A FULL NIGHT'S SLEEP

Thanks to this trio of products, you don't have to get eight hours of shut-eye to look well-rested.



### MOISTURIZES AND COOLS

Tap this hyaluronic-acid-packed formula under your eyes for an instant dose of line-smoothing hydration. **Olay** Eyes Deep Hydrating Eye Gel, \$27.49; olay.com

### DEFLATES BAGS

This lightweight gel takes down puffiness and hides dark circles in seconds. **Dr. Brandt Skincare** Needles No More No More Baggage, \$42; sephora.com

## 3 HYDRATE IN THE SHOWER

The secret to softer, smoother skin is to lock in moisture before you towel off. This combo will leave you feeling unbelievably silky until your next shower.



### OIL-BASED BODY WASH

Swap out your regular suds for this unique formula, which goes on as a rich oil then turns to a milky froth. **Glossier** Body Hero Daily Oil Wash, \$18; glossier.com



### IN-SHOWER BODY LOTION

Once you turn off the faucet, slather this weightless lotion all over while your skin is still wet. Sounds weird, but it really works. **Curel** Hydra Therapy Wet Skin Moisturizer, \$10.99; target.com

## 4 TRY A TWO-IN-ONE

Trying to flatten fine lines? These new cocktails are full of powerful antiaging ingredients. Even more impressive: Each bottle contains a dual chamber (Clarins has two serums while L'Oréal Paris teams a serum with moisturizer) to keep ingredients as potent as possible until you press down on the pump.



### L'Oréal Paris

Revitalift Triple Power Intensive Skin Revitalizer, \$24.99; lorealparisusa.com

Still Life Photograph by DAVID LEWIS TAYLOR

STYLIST: CHANEL KENNEDY; (ESTÉE LAUDER) LUCAS VISER; (CLARINS) DAVID LEWIS TAYLOR; STYLIST: CHANEL KENNEDY



# 5 FIGHT AGING AND ACNE

**Founder of Honest Beauty (and soon-to-be mom of 3) Jessica Alba needed products that tackled more than one skin issue—so she made her own**

## Tell us about your new line, Younger + Clearer.

I wasn't able to find a product with clean ingredients geared toward someone like me, who was too young for wrinkles and too old for breakouts. I wanted to create a solution that addressed both concerns.

## What's the superhero ingredient?

Retinol. I started using it in my 20s, and I don't have as many fine lines and wrinkles as someone my age might. I credit that to retinol. We've been developing our Night

Serum formula with Honestly Pure Retinol, which is made without synthetic additives typically used to stabilize retinol, for a couple of years.

I was using it before I got pregnant, and my skin never looked better. [Note: Consult your doctor before using retinol if you're pregnant or breastfeeding.]

## What typically causes you to break out?

It's usually related to hormones or triggered by nutritional choices or lack of sleep. In my opinion diet and sleep are equally as important as what

you put on your skin.

## How has pregnancy changed your skin this time around?

I've experienced patchiness on my face. I've found that our Everything Organic Facial Oil works during times when my skin needs some extra love. It helps my skin look radiant and supple, so I can fake it when I'm not actually feeling the 'pregnancy glow.'

## What do you wish every woman knew about caring for their skin?

It's important to be mindful of what you put on your skin, as it can contribute to your overall well-being!



**Honest Beauty**  
Younger + Clearer Resurfacing Cleanser, \$18, and Younger + Clearer Night Serum with Honestly Pure Retinol, \$38; honestbeauty.com



# 6 GET A MAKEUP-FREE GLOW

There's a reason vitamin C is popping up in a slew of new skin-care products. "It's a powerful antioxidant that fades dark spots and any irregular pigmentation, so your skin looks brighter and more even-toned," says celebrity dermatologist and *The Beauty of Dirty Skin* author Dr. Whitney Bowe. For best results, use a vitamin C serum in the morning (you can mix it with your SPF) to neutralize damaging free radicals, and again at night so your skin restores itself while you sleep.

**Lumene**  
VALO Beauty Drops, \$21.99; ulta.com



**Clinique** Fresh Pressed 7-Day System with Pure Vitamin C, \$27; clinique.com



**Fresh** Vitamin Nectar Moisture Glow Face Cream, \$42; fresh.com



Before a big event, treat your skin to a radiance-boosting seven-day regimen, which comes with individual packets of powdered cleanser as well as a potent serum that you can add to your regular day or night lotion.

**Sara Happ** Sweet Clay Lip Mask, \$32; sarahapp.com



# 7 GIVE YOUR LIPS SOME LOVE

You already know the skin-enhancing effects of a great face mask, but you're probably not using one on the area you need it most: your lips. "They need all the TLC they can get," says Sara Happ, who created a moisturizing lip mask for that very reason. "Leave it on for two minutes or more. It really makes such a difference." And, yes, the bright pink shade is perfect for an Instagram selfie.

(ALBA) MUNAWAR HOSAIN/STARRACK; (CLINIQUE & LUMENE) LUCAS VIVIERO; (SARA HAPP & LUMENE) DAVID LEWIS (ALCONO); (FRESH) CHANEL KENNEDY/2



FALL SKIN SPECIAL

## 8 UPGRADE YOUR CONCEALER

Not only do these new formulas mask imperfections, but they also tackle and help prevent specific skin issues.

### COMBATS BREAKOUTS

This full-coverage find also acts as a drying lotion, thanks to a skin-clearing combo of zinc oxide, witch hazel and sulfur. **IT Cosmetics** Bye Bye Breakout Full-Coverage Treatment Concealer, \$28; ulta.com



**PROTECTS FROM SUN EXPOSURE**  
The cult-favorite cover-up now contains SPF 25, so you can hide flaws while shielding your skin. **Clé de Peau Beauté** Concealer SPF 25, \$70; cledepeaubeaute.com



## 9 ZAPS ZITS FAST

These small but mighty adhesive discs safely suck the gunk out of pimples to reduce the size of blemishes without drying out skin.

### SMOOTHS LINES

Like a shot of filler without the needle, this formula plumps up crow's feet and minimizes the appearance of dark circles. **Revlon** Youth FX Fill + Blur Concealer, \$11.99; target.com



## 10 TRY MULTI-MASKING

The latest mask craze is all about concentrating different treatments on specific areas of the face “to address various skin concerns simultaneously,” says Alicia Yoon, a trained aesthetician and the founder of Korean beauty retailer Peach & Lily. Searching for the perfect pairing? “The T-zone tends to be oilier, so applying a clay or clarifying mask to that area and a hydrating mask to drier zones, like cheeks, can help keep skin balanced,” says Yoon.



**Innisfree** Pore Clearing Clay Mask, \$14; us.innisfree.com



**Milani** Prime Light Strobing + Pore-Minimizing Face Primer, \$10; milanicosmetics.com



**Almay** 5-in-1 Primer, \$14; at drugstores



**Smashbox** Photo Finish Mattify Primer Stick, \$32; smashbox.com



**Peter Thomas Roth** Skin to Die For No-Filter Mattifying Primer & Complexion Perfector, \$28; peterthomasroth.com



## 11 'FILTER' YOUR FACE

The new generation of primers can do way more than just make your makeup go on smoothly. These formulas create a blurring effect (think Facetune in real life!) by camouflaging flaws and minimizing the appearance of pores while also mattifying shiny spots.

(CLÉ DE PEAU BEAUTÉ, IT, REVLON, INNISFREE, SEPHORA & ALMAY) DAVID LEWIS TAYLOR(6); STYLIST: CHANEL KENNEBREW(6); (PEACH SLICES) LUCAS VISSER

# 12 TAKE A SPA DAY

Pamper your skin (without leaving your bathroom!) using this step-by-step guide.

### 1. SPARK

Create a Zen-like atmosphere by dimming the lights and burning a candle or two for a soft, ambient glow. **Henri Bendel** Scented 2.1-oz. Travel Candle, \$10; henribendel.com

### 2. SOAK

Pour some bath salts (our favorites have a soothing blue hue) into a tub of warm water, then stay submerged for a minimum of 15 minutes. **Kneipp** Dream Away Mineral Bath Salt, \$20; kneipp.com

### 3. SCRUB

Gently massage this eucalyptus- and ginger-infused exfoliator from your décolleté to your toes to slough away dry skin. **Rituals** The Ritual of Hammam Hot Scrub, \$29; ulta.com

### 4. SMOOTH

After towel-drying off, moisturize all over with a relaxing lavender-scented lotion. Show rough patches some extra love with a layer of a thick salve. **Lush** Sleepy Body Lotion, \$9.95; lushusa.com and **SpaRitual** Earl Grey Oil Salve, \$47.50; sparitual.com

### 5. SIP

Steep, then savor a cup of herbal tea (chamomile, found in this blend, is believed to lower stress levels). **David's Tea** Organic Dream On, \$8.98 (for 2oz); davidstea.com

### 6. SNOOZE

To set yourself up for the best night's sleep ever, mist your pillow with a calming elixir, then rub an essential oil on pulse points and take a few deep breaths as you drift off. **Bath & Body Works** Sleep Essential Oil Rollerball, \$12.50; bathandbodyworks.com and **L'Occitane** Aromachologie Pillow Mist, \$24; usa.loccitane.com

STYLIST: CHANEL KENNEBREW

Still Life Photograph by DAVID LEWIS TAYLOR

### SHHHOWERCAP

The Posey, \$43; shhhowercap.com

**SLIP** Silk Eye Mask in Navy, \$45, net-a-porter.com

JANUARY JONES

BAR REFAELI

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